



# Engage with Gem



Gem Fadling is a founding partner of Unhurried Living, Inc., a non-profit that trains people to rest deeper, live fuller and lead better. She is a trained Spiritual Director and a Certified Life Coach who trains people at the intersection of spiritual leadership and soul care. Gem is the co-host of the [Unhurried Living Podcast](#) as well as the author of [Hold That Thought](#) and co-author of [What Does Your Soul Love?](#) Her work has appeared in *Propel Women* and *Our Daily Bread*. To connect with Gem and find resources for soul care and leadership, visit [unhurriedliving.com](http://unhurriedliving.com) or find her on [Instagram](#) and [LinkedIn](#).



## Unhurried Daily

Begin your journey of rediscovering Jesus' unhurried way. A FREE brief devotional is delivered directly to your inbox for 40 days.



## Soul Care Groups

Take a deeper dive into spiritual formation in an online small group setting for three months. Sacred space and healthy vulnerability.



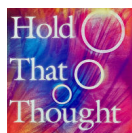
## PACE

A 21-month intensive training process in Christian leadership. Become a leader who cares for souls—beginning with your own.



## YouTube

Twice weekly videos to inspire you in your life with God, others and your work.



## Hold That Thought

Sorting Through the Voices in Our Heads



## What Does Your Soul Love?

8 Questions that Reveal God's Work in You



## Unhurried Living Podcast

Leadership conversations that will help you to develop healthy rhythms of rest and work, and to live fuller in friendship with God.

Learn more at  
[unhurriedliving.com](http://unhurriedliving.com)



Mail : 22365 El Toro Rd., #118, Lake Forest, CA 92630  
Book Gem: Kara Yuza, [kara@unhurriedliving.com](mailto:kara@unhurriedliving.com)